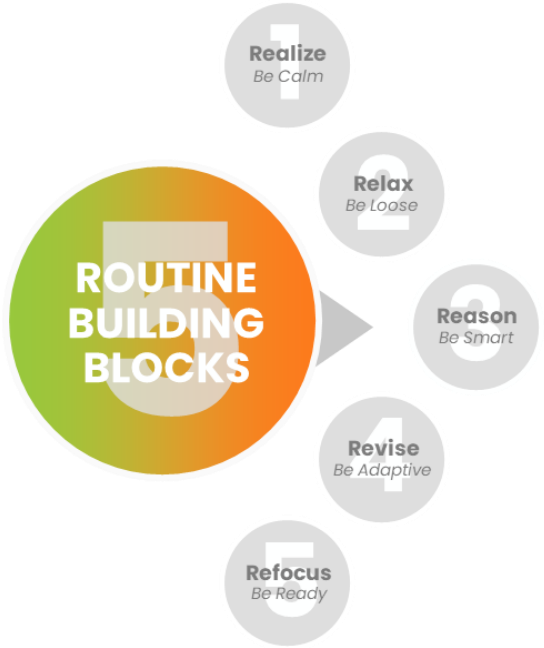
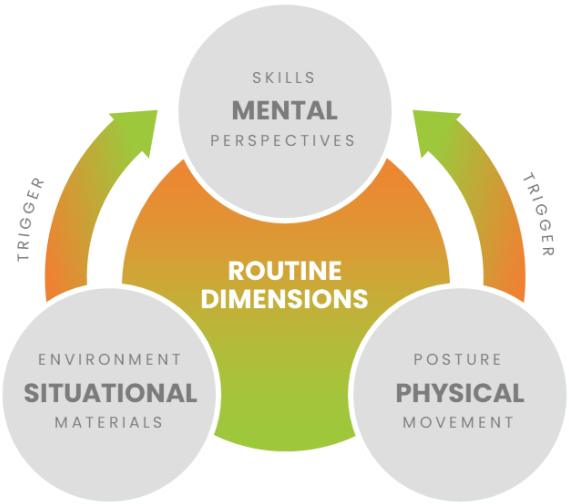
ROUTINE SCRIPT CHEAT SHEET

Script all three dimensions of your routine over five timed building blocks

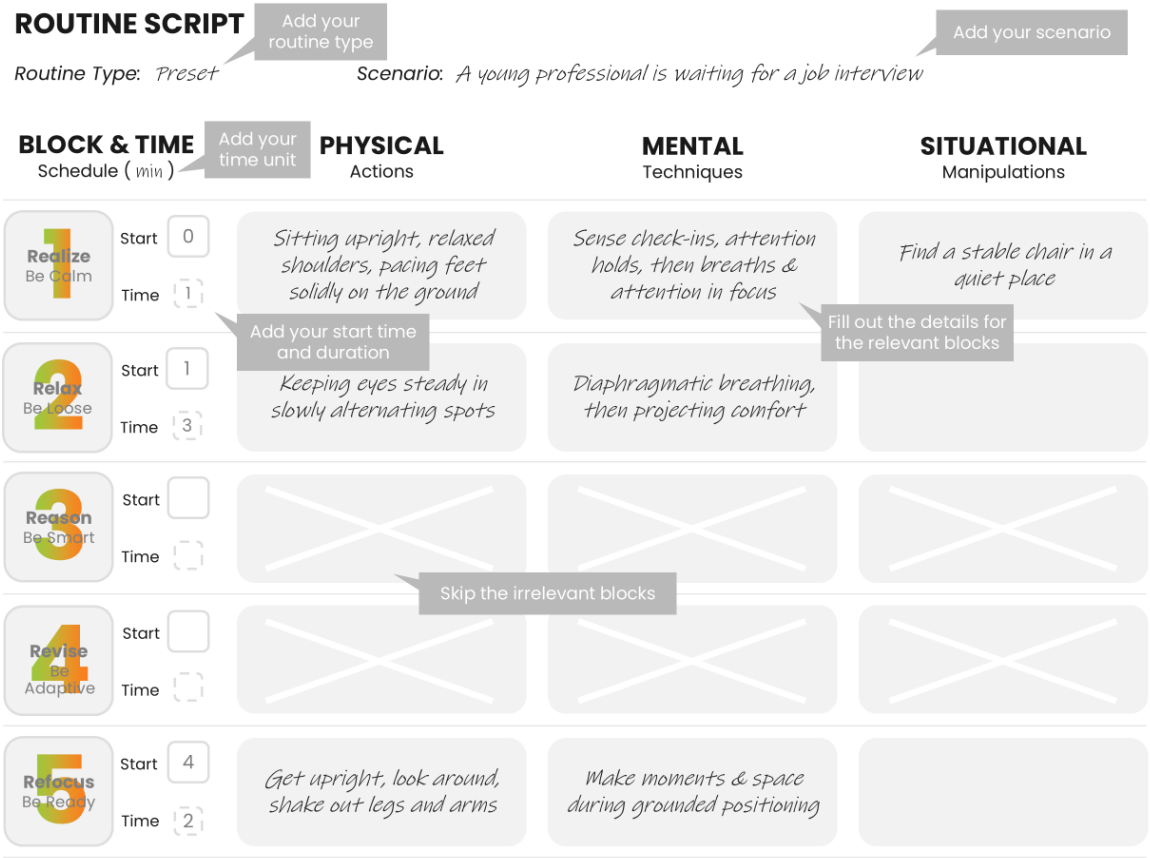




How to Script Your Routine

When creating routine scripts, follow these steps:

1. Fill out the scenario at the top.
2. Fill out the time unit behind schedule.
3. Fill out the start time and duration for relevant blocks.
4. Fill out the details for each relevant dimension and block.



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